



Sacred Whisperings

October 2011

Welcome to our October whisperings and what a wonderful introduction to spring we are having. This time of the year is so enlightening, and in Western Australia we are so lucky to be able to enjoy the most abundant array of wild flowers not seen anywhere else in the world and it is always a welcome escape to the country areas where the wild flowers just carpet the landscape and can literally be seen as far as the eye can see. Only mother nature can put on such a display of natural beauty and the perfume and essence of the flowers are wonderful. How blessed we are to be able to sit amongst such beauty, close our eyes, breath deeply and take in the essence of the flowers and allow them to take us on a journey like no other. It is also wonderful whilst in this deep space of relaxation to hear the calls of our beautiful bird life, singing their praise for the wonderful painted picture that they fly amongst every day.

A wonderful way of enjoying the wildflowers if you are able to get out to see them, where ever you are in the world, is to sit amongst them, close your eyes and just breath in the fragrance of them all, and sit within that space for a few moment. Imagine yourself, being small and climbing up the stem of the plant until you reach the top and climbing onto or into the chosen flower and sitting within it, touch it with your hands, feel the softness of its leaves and the delicate nature of the stamens,. Allow the colours to wash over you and experience the feeling that it creates inside you, does it make you feel happy, does it excite you, does it give you a sense of comfort or does it make you feel peace and calm. Allow the fragrance to do the same thing, breath it in with deep slow meaningful breaths allowing it to fill every cell in your body noticing how your body is feeling. Allow your mind to wonder and let the flower take you on a journey. When you come back, allow yourself to gently open your eyes, climb down the plant and back into your life sized body. Breathe gently and enjoy your day.

Sacred Whispers has finally come up with a new logo, and are very excited about what it brings and the new beginnings it is creating. Very soon we will be releasing a new range of Essence Room Sprays, for clearing spaces, enhancing housework and happy home environment. They will be released at the Conscious Living Expo.



Sacred Whispers New Logo

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Points to remember

Now that Summer is approaching, please remember to leave adequate water out for you animals.

Walk them in the cool of the morning or late afternoon.

Love them unconditionally

Dingo— Joy, laughter, wisdom of the ages..

J. Rueben Silverbird is the son of a Nedhni Apache Wise Man and Cherokee Medicine Woman and is an internationally recognized leading teacher of Native American Spirituality and is headed down under and touring our fair lands. Reuben will be conducting a one day workshop, followed by an evening concert and a two and a half day retreat and the people of Perth are lucky enough to be included in his tour schedule. Perth People very rarely get this opportunity.



Reuben is what he tells us—nothing but LOVE and PEACE—we need only listen and WALK IN BEAUTY. He places high values on family and relationships and talks about how to apply Native American wisdom into today's society. He is an inspiring presenter and draws people from all over the world to listen to his universal message of unity, respect, love and peace.

Reuben's words of wisdom will have you captivated, bringing you back to the true values in life. Thought provoking, emotional, encouraging and engaging he speaks about the need to awaken, renew and nurture true Love, which seems to be missing in the hearts of humanity today. The message of his "Sowing the Seeds of Love" event is very clear and one must think, live, walk and breathe seeds of love from the deepest corner of our hearts. Seeds of love must be nurtured cultivated and cared for with extreme enduring adoration. Love is the principal vitamin that will bring fruitful rewards to all those who undertake and choose to practice it in its true form. Love is so closely related to hate, that many throughout the world today are confusing one for the other, Yet, it is so simple to figure out which one is best for us to have in order to enjoy true sister and brotherly companionship.

For further information on his Australian Tour, please visit <http://www.reubensilverbird.com>

"We belong to Mother Earth, Mother Earth does not belong to us"



The Sharing Love range from Wild Earth Essences are a wonderful help to move our heart space and our minds to come from that place deep within and that of Pure Love..

They allow us to connect deeply with one another and that with the world around us.

- Loving Yourself
- Loving Parent
- Loving Service
- Loving Relationship
- Loving Child
- Loving Compassion
- Sharing Love

These essences are able to be taken individually, or to heighten loving relationships between couples both people could take Loving Relationship together and allows you to find that uniqueness of your relationship and that unconditional love that you have between each other.



Life.....

It is the flash of a firefly in the night,
The breath of a buffalo in the winter
It is the little shadow which runs across the grass and loses itself in the sunset.

Crowfoot

Dingo

In these past few months I have learned a big lesson on being careful of what you wish for. In making the new essences, I kept putting out to the universe that I need to sit in Dingo Essence, to feel them, to touch them in all their wildness and their beauty. Not long after that, who should enter into our lives but a wild dingo cub who has come to live with us permanently. Jubu was extremely wild when he came to us and was 7 weeks old, very timid and would bite anybody who came within his safety limits. We asked this precious little being what his name was and he told us very clearly that his mother named him Jubu which meant "Free Spirit" and we decided to honour that and his name remains his family name.

We were so lucky to be able to use many essences on Jubu, which made his transition from a wild dog into domestic life a very easy one and it only took two days for him to accept us wholly as his new family.

For the first two days we used "Animal Rescue" both in the drops and in the spray, this helped so much in calming him and making him less aggressive and more accepting of us.

Buffalo Essence made a huge difference in grounding him and allowed him to walk with all four feet on the ground, within him having only two doses of that, Jubu came from a hyperactive destructively gorgeous being, to a calm, centred little being that was able to take in his surroundings and enjoy and express his love.

For the first three nights, I slept on the bathroom floor with him in his "little den" that was his safe place to retreat to and I have to add that bathroom floors are a very cold place to sleep and quite uncomfortable. The first night he wouldn't look at me, and hid frightened in his box, the second night, he came out of his box and kept poking me with his nose and then running back into his box, the third night he actually slept by my side and from moment, I knew he would be a special boy in our lives.

Jubu has now wormed his way into our hearts and our lives and he is the most lively little fellow that ever walked amongst us. He is so full of joy and love all in one breath and so full of mischief. He is teaching us so much. When Jubu goes for his daily walk (twice a day to try and get some of his limitless energy out of him), the expression of the joy of his surroundings is just beautiful to watch. He watches amazed as the birds fly over, he bounds up to things of interest, he smells everything and then goes back to have another look in case he missed something. He is in every single moment of his walk and to me that is a very big lesson.

When we are taking our beloved animals for a walk, how often do we rush out the gate, only have five minutes and it becomes a power walk for us so we can get in our allotted time of exercise and get home to do the things we need to do. How often do we stop and allow ourselves that moment to just be and enjoy the walk with our dogs. It could be something we are able to do in gratitude for them being such a big part of our daily lives.



Remember when you bring a puppy home, he is scared and lonely

Sacred Whispers

Email:

mary@sacredwhispers.com.au

Web:

Please join us on facebook, along with Wild Earth Animal Essences. Become a fan and receive up to date information and happenings

We are on the web

www.sacredwhispers.com.au

Empowering lives with the sacred whispers of the universe.

Please have a look at the website to see how we can be of service to you.

If you have received this newsletter in error, please email me mary@sacredwhispers.com.au



Sacred Whispers Offerings

Sacred Whispers offers an array of services to both humans and animals alike:

Shamanic Healings

Body Work for Humans and Animals.

Animal Communication

Shamanic Healings for Animals

Guided Meditations

Essence Therapy

Counseling

Please contact me on mary@sacredwhispers.com.au or 0428 627959 for further information.

Don't forget to come and see us at the Conscious Living Expo

We will be doing Shamanic Healings and bringing in your Spirit Animals and using their essence to enhance your life., body balancing and Animal Communication Readings.

Our new range of room sprays will also be available.